



亞洲創傷心理研究學會
Asian Society for Traumatic Stress Studies

Email: info@asianstss.org Website: www.asianstss.org

Advanced Workshop on Cognitive Processing Therapy for Individuals & Groups
by Professor Patricia Resick
12 & 13 May 2010

Date/Time: 12 & 13 May, 2010 (0845 to 1700)

Speaker: Professor Patricia Resick



BA(Hons), MA(Clin), PhD, the Professor of Psychology and Psychiatry, Boston University; Director of Women's Health Sciences Division, National Center for PTSD.

Professor Resick is the past president of the International Society for Traumatic Stress Studies and also one of the leading investigators of research projects focusing on women with PTSD. Professor Resick was awarded the Robert S. Laufer, Ph.D. Memorial Award for Outstanding Scientific Achievement in the Field of PTSD in 2004. She has developed the cognitive processing therapy (CPT) as one of the evident-based treatment approaches for PTSD.

Professor Patricia Resick's previous workshop on "Cognitive Processing Therapy: An Evidence-based treatment for PTSD & Depression" held last year in HK has received positive feedback from participants. It offered basic training to participants in the implementation of CPT with a 12-session protocol. The current 2-day workshop would offer participants who already have basic knowledge in CPT an opportunity to fine-tune their skills and to learn more about the process issues in CPT. This interactive workshop would also offer live demonstration on complicated cases.

<i>Day One: 12 May 2010 (Wed)</i> <i>Treating PTSD with co-morbidities & complications</i>	<i>Day Two: 13 May 2010 (Thur)</i> <i>CPT for Groups</i>
<ul style="list-style-type: none"> • Conceptualizing PTSD & co-morbidities e.g., substance abuse, aging/damaged brain, Axis 2 conditions, pain, complex trauma histories & dissociation • Issues of chronic avoidance, treatment non-adherence, guilt & self-blame • Which trauma to process first • Implementation across different types of trauma • Different delivery formats 	<ul style="list-style-type: none"> • Ways of conducting Group CPT • How to use the A-B-C Sheets in Groups • Assigning & reviewing the Account in Groups • Addressing Group Avoidance • Using the Challenging Questions in Groups • Addressing Group Termination • Follow-up Care Concerns • Aftercare

Basic knowledge in CPT is a pre-requisite for this advanced training. Participants are required to have either participated in the basic training on CPT in Hong Kong or overseas and/or have read the CPT manual thoroughly. Participants who are interested in the current training but have not yet received basic training on CPT could complete the free on-line training in CPT at <http://cpt.musc.edu>.

Venue: Theatre 4, Meng Wah Complex,
The University of Hong Kong, Pokfulam Road, Hong Kong

Medium of Instruction: English

Co-organizer: Centre of Development & Resources for Students, The University of Hong Kong

Pending for CE accreditation from various colleges and professional bodies.

For enquiry, please send your email to info@asianstss.org or visit our website at www.asianstss.org





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Enrolment Form

Title: _____ Name (with surname in block letters) : _____ Phone: () _____ Fax: () _____
Email: _____ Correspondence Address: _____
Profession: _____ Position held: _____ Organization: _____

Enrolment details (please tick as appropriate):

For Registration on or before 15 April 2010

	May 12 only	May 13 only	Both workshops
AsianSTSS Member	HK\$950	HK\$950	HK\$1800
AsianSTSS Student member	HK\$700	HK\$700	HK\$1300
Non-member	HK\$1140	HK\$1140	HK\$2200

For Registration on or after 15 April 2010

	May 12 only	May 13 only	Both workshops
AsianSTSS Member	HK\$1000	HK\$1000	HK\$1900
AsianSTSS Student member	HK\$750	HK\$750	HK\$1400
Non-member	HK\$1200	HK\$1200	HK\$2300

Join AsianSTSS now and receive member's rate!

I understand that I should undertake at least one form of the following basic training on CPT for attending this workshop (please tick one or more):

2-day workshop on CPT held on 30 & 31 July 2009 organized by AsianSTSS in Hong Kong

Overseas training on CPT; please specify: _____

Web-based on-line training on CPT I have read the CPT manual thoroughly

What do I want to learn from the workshop?

Please complete and return the enrolment form with a cross cheque payable to **Asian Society for Traumatic Stress Studies Limited** by mail to:

c/o Centre for Development & Resources for Students (Attn:CoPE)
Room 408-424, 4/F, Meng Wah Complex,
The University of Hong Kong

Deadline of enrolment: 1st May, 2010

Remarks:

1. Seats are served on a first-come-first-serve basis. Priority is given to members/staff of organizing bodies.
2. AsianSTSS reserves the right to modify the programme and reject an enrolment at any point in time.
3. Enrolment will be confirmed ONLY when full payment has been received by the AsianSTSS. Confirmation will be sent by email or fax one week prior to the workshop.
4. Official receipt will be issued at the registration counter. All fees are non-refundable.
5. If the Typhoon Signal No. 8 or above, or the Black Rainstorm Warning Signal is hoisted, the workshop will be cancelled. Details of postponement will be announced later.
6. For enquiry, please send your email to info@asianstss.org or visit our website at www.asianstss.org

