

## Pre-incident Training 2011-12

# “Modernizing Disaster Mental Health: Developmental & Cultural Perspectives”

### Objectives:

- ☞ Provide an overview of modern principles and strategies for public disaster mental health response and recovery
- ☞ Introduce strategies for triage, needs assessment and surveillance
- ☞ Demonstrate tiered and stratified approaches to post-disaster mental health planning and intervention from developmental and cultural perspectives

### Target Participants:

Healthcare professionals involved in disaster psychosocial services planning and provision

### Trainer:

Dr. Melissa Brymer and Dr. Patricia Watson (Please refer to page 2 for details)

### Course Details:

<b>Date:</b>	30 Nov 2011 (Wed)
<b>Time:</b>	7:00 – 9:00pm
<b>Venue:</b>	Lecture Theatre, M/F, Hospital Authority Building, 147B Argyle Street, Kowloon.

**Fee:** Free of charge

**Language:** English

**Enrolment Deadline:** **3 Nov 2011 (Thu)**

**CME/CNE/CPD:** Subject to application result

**Enrolment Method:** Complete & return the enrolment form via email to HA Clinical Psychology Services [clinpsyservices@ha.org.hk](mailto:clinpsyservices@ha.org.hk) or fax at 2713-6229

**Enrolment Result:** To be announced at Oasis website- <http://www3.ha.org.hk/oasis/courses.html> on or before **9 Nov 2011 (Wed)**

**Enquiry:** Please contact Ms. Clair Lau at 2300-8639 or [clinpsyservices@ha.org.hk](mailto:clinpsyservices@ha.org.hk)

### Co-organized by:

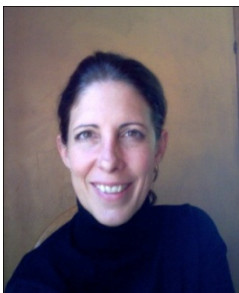
## About the Instructors:

**Melissa Brymer** (Ph.D., Psy.D; Director of Terrorism and Disaster Programs of the UCLA/Duke University National Center for Child Traumatic Stress)



Melissa J. Brymer is involved with the development of interventions, assessments, educational materials, and recovery programs in the area of terrorism, disasters, and school crises. She is one of the primary authors of the National Child Traumatic Stress Network (NCTSN) and the National Center for PTSD (NCPTSD) Psychological First Aid (PFA) and Skills for Psychological Recovery (SPR) interventions, co-develops the PFA Online course, and is the lead trainer for both interventions. She has been a consultant for many schools, local and state agencies, and other organizations after mass causality events. Dr. Brymer is a licensed clinical psychologist who has clinical and research experience in the areas of domestic violence, child abuse, terrorism and disasters, and acute child trauma.

**Patricia Watson** (Ph.D; Senior Educational Specialist for the National Center for PTSD, Assistant Director of Terrorism and Disaster Programs for the National Center for Child Traumatic Stress, and Assistant Professor at Dartmouth Medical School in the Department of Psychiatry)



As a former Navy officer and clinical psychologist, Patricia Watson focused on co-developing educational training materials in post-disaster, military, and first responder settings (*e.g. PFA Field Guide and SPR Manual, produced by NCTSN and NCPTSD, as well as the Combat Operational Stress First Aid (COSEA) Field Guide, produced by the Department of Defense, the Defense Centers for Excellence, and NCPTSD*). She is in the process of creating versions of PFA and Stress First Aid manuals for first responders, and a PFA application for mobile phones. She has additionally co-edited a number of books and articles on disaster behavioral health interventions, resilience and early intervention.