



## Psychological First Aid Instructor Training Program

The Psychological First Aid (PFA) Train-the-Trainer program is an opportunity for individuals to become an instructor of Psychological First Aid. This program will require a pre-work phase and attending a two-day face-to-face meeting on **November 30<sup>th</sup> & December 1<sup>st</sup> 2011**. Upon successful completion of the Instructor program, it is expected that participants will conduct trainings on PFA within their community as well as provide direct service by implementing PFA.

Deadline of enrolment: 9<sup>th</sup> November 2011

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### Expectations of Participants

#### Participants will

- Attend and participate in the Psychological First Aid Train-the-Trainer face to face meeting
- Follow a standardized training protocol when delivering PFA training
- Conduct at least 2 trainings on PFA within 6 months of completing the training
- Report on the number of trainings delivered and participant evaluations of those trainings
- Read the PFA Facilitator's Guide as part of the pre-work phase activities

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### Applicant Eligibility Criteria

*Participants must fulfill the following criteria:*

- i) Familiar with the PFA Operation Guide (*please visit our website for the Guide*)
- ii) Hold qualification(s) in helping or health care profession(s), e.g., social workers, psychologists, medical practitioners, nurses
- iii) Experience as a trainer/supervisor

*Priority will be given to those that fulfilled the following criteria:*

- i) Attended the PFA workshop organized by AsianSTSS in 2010 or completed the free on-line training of PFA in the website of NCTSN with certificate proof. *Please click onto <http://learn.nctsn.org/course/category.php?id=11> for more details*
- ii) Nomination by agencies that pledged to provide training/services in health/disaster work
- iii) At least 50 hours of experience in performing PFA-related work after critical incident/disasters, i.e., providing support for trauma/disaster survivors in the acute phase of the incident (written proof from agencies with official chop required).

**Co-organizers:**





## Psychological First Aid Instructor Training Application

### Applicant Information

Name: (Chinese): \_\_\_\_\_ (English): \_\_\_\_\_

Credentials (e.g., LCSW, Ph.D., RN, etc.): \_\_\_\_\_

### Professional Discipline

- Psychiatrist   
  Psychologist   
  Psychiatric Nurse   
  Social Worker   
  Mental Health Counselor  
 Spiritual Care Professional   
  First Responder   
  Marriage Family Therapist   
  Other

### Contact Information

Preferred Mailing Address:     Work     Home

Position held: \_\_\_\_\_

Facility/Agency: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code \_\_\_\_\_

Home phone: (    )                      Work phone: (    )                      Mobile phone: (    )

Home e-mail address: \_\_\_\_\_ Work e-mail address: \_\_\_\_\_

### Previous Experience

Please list any previous experience you have as a disaster mental health responder, spiritual care responder, or first responder. Use additional pages as necessary

| Type of Disaster (flood, fire, etc.)/Location of Services | Types of Services Provided | Dates of Response/<br>Total Hrs Worked |
|---|----------------------------|--|
|   |                            |  |
|   |                            |  |
|   |                            |  |
|   |                            |  |
|   |                            |  |
|   |                            |  |

## Disaster Trainings

I attended:

- PFA workshop conducted by Melissa Brymer & Robert Pynoos in 2010
- On-line training of PFA in the website of NCTSN

*Please attach your certificate of attendance with this application form*

I declare that:

- I am familiar with the PFA Operation Guide.
- I am not familiar with the PFA Operation Guide.

Please list any other disaster mental health-related training you may have completed. Please be specific and use additional pages as necessary.

| Name of Training | Sponsoring Agency | Training Dates | # of Hours |
|------------------|-------------------|----------------|------------|
|                  |                   |                |            |
|                  |                   |                |            |
|                  |                   |                |            |
|                  |                   |                |            |

## Disaster/Trauma Trainer Experience

Please list any disaster/trauma mental health-related training you have conducted. Please be specific and use additional pages as necessary. Please submit any course evaluations from participants.

| Name of Training | Sponsoring Agency | Training Dates | # of Hours |
|------------------|-------------------|----------------|------------|
|                  |                   |                |            |
|                  |                   |                |            |
|                  |                   |                |            |
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## Other Relevant Experience

Please list any relevant training you have conducted. Please be specific and use additional pages as necessary. Please submit any course evaluations from participants.

| Name of Training | Sponsoring Agency | Training Dates | # of Hours |
|------------------|-------------------|----------------|------------|
|                  |                   |                |            |
|                  |                   |                |            |
|                  |                   |                |            |

## Nomination by Agencies

I declare that I am nominated by agencies that pledge to provide training/ services in health/ disaster work.

Agency name (if different from above): \_\_\_\_\_

Position held (if different from above): \_\_\_\_\_

*Please provide written proof from agencies with official chop if possible.*

Company Chop:

Supervisor's name: \_\_\_\_\_ Supervisor's position: \_\_\_\_\_

Supervisor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

***Thank you for your application.***

Please return the completed form with crossed cheque payable to the "Asian Society for Traumatic Stress Studies Limited" by mail to the follow address:

**Asian Society for Traumatic Stress Studies Limited  
c/o Room 402, Chuang's Tower,  
30-32 Connaught Road Central, Hong Kong.**

Successful applicants would be notified by email or fax before 18<sup>th</sup> November 2011. For enquires, please contact us by email via [info@asianstss.org](mailto:info@asianstss.org).

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## Participant Disclaimer

I am willing to attend and participate in the Psychological First Aid Train-the Trainer Program in its entirety.

### Applicant

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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## Thank you for your interest in the 2011 PFA Train-the-Trainer Program.

### Remarks:

1. Seats are served after applicants are accepted into the program. Priority is given to members/staff of organizing bodies.
2. AsianSTSS reserves the right to modify the program and reject an enrolment at any point in time.
3. Enrolment will be confirmed ONLY when full payment has been received by the AsianSTSS. Confirmation will be sent by email or fax before 18th November 2011. Unsuccessful applicants will have their cheques returned.
4. Official receipt will be issued at the registration counter. All fees are non-refundable.
5. If the Typhoon Signal No. 8 or above, or the Black Rainstorm Warning Signal is hoisted, the workshop will be cancelled. Details of postponement will be announced later.
6. For enquiry, please send your email to [info@asianstss.org](mailto:info@asianstss.org) or visit our website at [www.asianstss.org](http://www.asianstss.org).